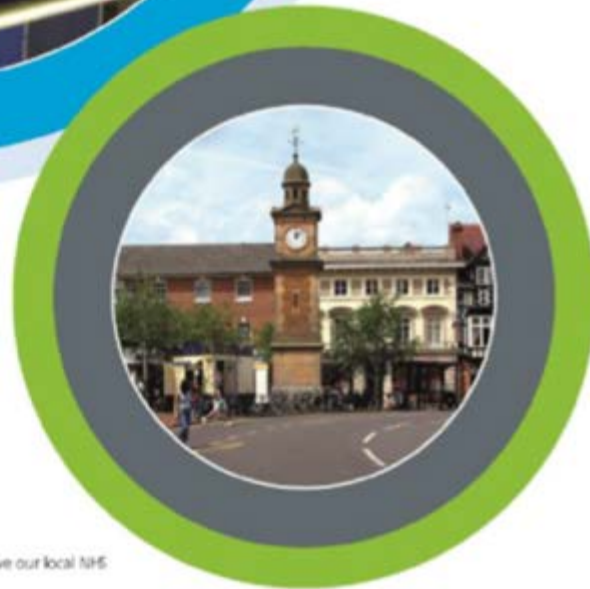




Coventry and Rugby  
Clinical Commissioning Group

## Commissioning Intentions **DETAILED STOCK TAKE AND WORK PLANS 2019/20**



Working together to improve our local NHS

## **Our detailed commissioning stock take and next steps**

This document contains a detailed look at our plans, progress to date and next steps for each of the key strategic work programmes. Each section covers the following:

- **Commitment** – what we've said we will do
- **What we've achieved so far** – highlights of work already completed
- **How this will benefit our patients** – to demonstrate the difference you will begin to see
- **The next steps** – the work still to complete

## Primary Care

Commitment	What we have achieved so far	How this benefits our patients	Next steps (19/20)
Providing high quality education and self-care resources to help support patients with diabetes	<ul style="list-style-type: none"> <li>• Sustainability Transformation Partnership (STP)-wide Diabetes Transformation Group and various Task and Finish Groups have been established to drive the work programme forward</li> <li>• A local trajectory has been developed to increase the number of places available</li> <li>• A C&amp;W Diabetes Protected Learning Time (PLT) has been agreed and will take place in November of this year; this will provide some key messages to healthcare professionals including a DESMOND (Diabetes Education and Self-Management for Ongoing and Newly Diagnosed) taster session</li> <li>• The CCG is aiming to develop a Diabetes Dashboard to monitor the wider impact on a range of system wider and patient health outcomes</li> </ul>	<ul style="list-style-type: none"> <li>• A greater proportion of patients will have access to and benefit from DESMOND education programme</li> <li>• Patients will be provided with necessary skills and education to help them manage their own condition, meaning they don't need to go to their GP or hospital as much for their diabetes</li> </ul>	<ul style="list-style-type: none"> <li>• Work closely with the new provider (once this is known) and existing providers to ensure capacity is available to eligible patients</li> <li>• Continue to monitor the outcomes associated with this intervention</li> </ul>
Supporting GP practices to develop a sustainable workforce and avoid staffing issues	<ul style="list-style-type: none"> <li>• We have been accepted onto the NHSE International Recruitment scheme</li> <li>• We have submitted a bid for £2m to support GP retention across our STP</li> <li>• We have supported 12 nurses to go through the Nurse Prescribing programme</li> <li>• We have developed an active campaign to support recruitment across our STP - Care for Your Career</li> </ul>	<ul style="list-style-type: none"> <li>• Work with our member practices and key partners to understand the current and forecast workforce capacity and pressures</li> <li>• Ensure that the CCG works closely with NHSE and member practices to attract and retain workforce within the local area</li> </ul>	Continue to work with practices and other partners to deliver the STP workforce initiatives including international recruitment, GP retention, nurse prescribing, staff training and recruitment
Improve access to flexible, seven day services and same-day urgent care by helping practices work together	Coverage of practices and their patient population has continued to grow during 2018-19, with full coverage expected to be in place by September 2018	<ul style="list-style-type: none"> <li>• Rugby practices are able to offer their patients improved access to GP services through the Coventry and Rugby GP Alliance</li> <li>• The Alliance will deliver GP appointments to patients from all/any practice within the CCG outside of normal working hours with some availability at the weekend to offer patients more choice of appointment time and location</li> </ul>	<p>Work is on-going to support the development of clusters of practices that will work together more at scale</p> <p>GP Extended Access services are separately being developed in line with new national requirements introduced during 2018, whereby patients will be able to access primary care hubs.</p>

Commitment	What we have achieved so far	How this benefits our patients	Next steps (19/20)
Help practices form strong networks and work collaboratively to deliver their services 'at scale'	Coventry will get Place Based Teams from September 2018 to support the Clusters in that area. Eight Clusters have been established in Coventry, and WN are in development	<ul style="list-style-type: none"> <li>Patients will benefit from a wider range of skilled staff and better access to a range of services</li> </ul>	Continue to develop cluster working within practices across Coventry and Rugby, supporting closer working and mutual support
Improve dementia diagnosis and post diagnostic support	The CCG continues to focus on improving dementia diagnosis rates, working closely with Warwickshire County Council, care homes and primary care. A mapping exercise is underway to map older populations, care homes and GP practices so that targeted assessments and support can be rolled out in areas where dementia prevalence is likely to be higher. The CCG is also investigating what benefit and advantages Admiral Nurses would bring to the area.	<ul style="list-style-type: none"> <li>More individuals with dementia will receive a definitive diagnosis of dementia and be able to access a range of appropriate post diagnosis support enabling them to live independently for as long as possible</li> <li>This work will ensure that flexible and timely access to post diagnostic support is available to support carers who provide essential care for a person with dementia</li> </ul>	<ul style="list-style-type: none"> <li>Targeting care home provision for people living at home with no diagnosis</li> <li>Targeting GPs where there are higher numbers of estimated people living with dementia</li> <li>Proposals being taken through governance board around utilising nurses to undertake cognition assessments on behalf of GPs</li> <li>Continue to work with partners across Coventry &amp; Warwickshire to carry out a system wide review into the offer to carers</li> <li>Engaging with GPs to continue the Dementia Pop-up Clinics within surgeries – space for Alzheimer's Societies Dementia Navigators to offer information / Advice</li> </ul>
Improvement of primary care estate – buildings, number of practices, technology available	<ul style="list-style-type: none"> <li>We commissioned the Design bureau to refresh our primary care estates utilisation exercise</li> <li>Projects in cohort 1 and 2 of the Estates Technology and Transformation Fund (ETTF) are either in train or completed. We secured funding from NHS England to undertake options appraisals on those projects within cohort 3 of the ETTF</li> <li>We continue to hold the monthly Local Estates Forum (LEF), and attend the STP Estates Strategy Group (ESG) to ensure that we are working with partners to look at potential opportunities for collaborative working across public estate</li></ul> <p>Separately we have launched more technological solutions to support care, including the Castle End of Life register, and worked to ensure that practices receive the GP IT support they need</p>	<ul style="list-style-type: none"> <li>The improvement of primary care estate and the greater use of technology will enhance patient care and experience as facilities will be designed with greater flexibility to accommodate multidisciplinary teams and an increased online access will make it easier for people to be seen quicker</li> </ul>	We continue to hold the monthly Local Estates Forum (LEF), and attend the STP Estates Strategy Group (ESG) to drive this intention and to ensure that we are working with partners to look at potential opportunities for delivering out of hospital and Multi-disciplinary Teams (MDTs) across the primary care estate

## Out of Hospital

Commitment	What we have achieved so far	How this benefits our patients	Next steps (19/20)
Develop multidisciplinary teams working across groups of practices to support the care delivered to frail and vulnerable adults	<p>A contract was awarded for the new Out of Hospital model within Coventry which commenced on 1 April 2018. The contract is outcomes based and there will be a two year transition programme for the new care model to be developed and implemented.</p> <p>An Integrated Single Point of Access (iSPA) has been implemented</p> <p>The contract has placed great emphasis and responsibility on the Provider for co-production of the new care model, to include engagement with patients, carer, staff and system partners</p>	<p>The new model will help to:</p> <ul style="list-style-type: none"> <li>• Prevent ill health and improve the quality of life for people with long term conditions</li> <li>• Effectively manage long term conditions such as diabetes, heart disease, stroke</li> <li>• Identify people at risk of ill health or hospital admission who are 'frail'</li> <li>• Avoid hospital admissions for at risk patients with increasing frailty</li> <li>• Better coordinate the care of people with complex problems and support them to live independently for longer</li> <li>• Better coordinate the care of people with complex problems via joined up hospital and community services</li> </ul>	<p>Fully develop Locality Hubs for specialist service teams</p> <p>Placed Based Teams aligned to the newly emerging GP Clusters to manage the health and wellbeing of patients at population levels of 30-50,000</p>
Implement a revised approach to the commissioning of residential and nursing home placements		<ul style="list-style-type: none"> <li>• More flexible and responsive service to clients will be available for residential and nursing home placements which will more accurately reflect the needs of clients</li> <li>• Sustained reduction in pressure ulcers in the community</li> <li>• Reduction in admissions to hospital for norovirus</li> </ul>	
Commission enhanced, dedicated in-reach services to care homes		Support to individuals in nursing homes to prevent unnecessary admissions to hospital	

## Maternity, child and young people services

Commitment	What we have achieved so far	How this benefits our patients	Next steps (19/20)
Working together with local commissioners and providers to implement the recommendations of the National Maternity Review 'Better Births'	<ul style="list-style-type: none"> <li>The Local Maternity System (LMS) has been established and the Transformation Plan signed off via the STP Board and assured via NHSE</li> <li>Three work streams in are in place to deliver the Transformation Plan, and key trajectories and milestones have been agreed</li> </ul>	<ul style="list-style-type: none"> <li>Safer, kinder, more family friendly and personalised care</li> <li>Ensure patients feel more involved in the decisions about their care</li> <li>Ensure support is centred around a patient's individual needs and circumstances</li> <li>20% of women will receive continuity of carer</li> </ul>	Implement the recommendations from Better Births, the West Midlands Neonatal Review and the LMS Transformation Plan.
Ensure women at risk of premature delivery receive the right care in the right place at the right time leading up to the birth of their baby	A pilot between UHCW, George Eliot Hospital NHS Trust (GEH) and South Warwickshire NHS Foundation Trust (SWFT) has demonstrated that working collaboratively as a system ensured that Coventry and Warwickshire women and babies are not transferred out of area	<ul style="list-style-type: none"> <li>Where safe to do so babies delivered as close to home as possible</li> <li>Improve infant mortality by reducing the number of stillbirths and neonatal deaths by 20% by 2020 and 50% by 2025 from the 2015 baseline</li> </ul>	Implement the recommendations from Better Births, the West Midlands Neonatal Review and the LMS Transformation Plan
	<ul style="list-style-type: none"> <li>The Choice and Personalisation work stream of the LMS has established a Clinical Steering Group that is developing a range of potential scenarios for the future clinical model for maternity and neonatal services</li> <li>NHSE Specialised Commissioning and the Operational Delivery Network are members of the LMS</li> </ul>	Women and babies receive care in the right place at the right time	Implement the recommendations from Better Births and the West Midlands Neonatal Review
	<ul style="list-style-type: none"> <li>All Statements of Educational Need have been transferred to Education Health and Care Plans</li> <li>Plans in place for imminent Care Quality Commission (CQC)/Ofsted inspection</li> </ul>	All children will have an up to date Education, Health and Care Plan (EHCP) that clearly states their needs and outcomes to ensure they receive the best care to meet their needs	Through the SEND partnership and the Designated Clinical and Medical Officers review processes to improve timeliness and quality of EHCPs
	Family Hubs operational in Coventry and under implementation phase in Warwickshire	Early help and support for children and families, reducing avoidable demand on specialist services	Through the Early Help Board monitor the impact of the early help offer

Commitment	What we have achieved so far	How this benefits our patients	Next steps (19/20)
	Community Nursing services in Coventry redesigned and a new service model implemented	Improving access to the right services, provide earlier identification and intervention of support needs, improve patient outcomes	Agree key performance indicators for the children's nursing services
	<ul style="list-style-type: none"> <li>• New service in place for CAMHS LAC.</li> <li>• New service for LAC Initial and Review Health Assessments</li> </ul>	Ensure looked after children receive the targeted support that they require	LAC Children and Young People (CYP) receive initial and review health assessments
	Revised service specifications agreed and implementation plans being developed	<ul style="list-style-type: none"> <li>• Improve access to therapy services</li> <li>• Early identification and intervention</li> <li>• Improve patient outcomes</li> <li>• Reduce waiting lists</li> </ul>	Agree key performance indicators and monitor via the contract

## Urgent and emergency care

Commitment	What we have achieved so far	How this benefits our patients	Next steps (19/20)
Make it easier for patients to understand and access the right type of urgent care service in an emergency	<ul style="list-style-type: none"> <li>Initial development work in progress with NHSE, NHS Digital and UHCW to assess the potential for developing Urgent Treatment Centre/s locally</li> <li>New GP Out of Hours service started in May with an updated service specification linking it more closely to the regional NHS 111 function</li> <li>'Ask NHS' app symptom sorter and service signposting available and promoted to Coventry and Rugby residents calling 111 - part of regional 111 developments</li> </ul>	<ul style="list-style-type: none"> <li>A more responsive, joined up service which will be easier to navigate for patients</li> <li>Patients will receive the optimum level of services in the appropriate setting regardless of how they access the service</li> </ul>	<ul style="list-style-type: none"> <li>Supporting national and regional 'Choose Well' and 111 marketing campaigns during the winter season</li> <li>Continued promotion of Ask NHS app to patients and carers calling the 111 service</li> <li>Promotion of Ask NHS app to university students at Freshers' week</li> </ul>
Reduced reliance on urgent and emergency care over time, with integrated teams/communities proactively managing people at higher risk	<ul style="list-style-type: none"> <li>The Place Based Teams (PBTs) have started to be rolled out across both CCGs.</li> <li>A single point of access has been established in both Coventry and Rugby and Warwickshire North which will give access to all rapid response community services via a single contact point</li> </ul>	<ul style="list-style-type: none"> <li>Greater proportion of patients will receive treatment and care in a place that is more convenient for them</li> <li>There is more support available to help patients to manage conditions themselves</li> </ul>	<ul style="list-style-type: none"> <li>Coventry and Warwickshire Partnership NHS Trust (CWPT) will be introducing PBTs across Coventry, aligned with Clusters, from September 2018</li> <li>An enhanced service proposal is being rolled out to all Practices in Coventry and Rugby and Warwickshire North to support them with the identification and case management of patients to direct to this service</li> </ul>
Integrated rapid response and support once people are in the urgent / emergency care system, with better links to urgent social care services	<ul style="list-style-type: none"> <li>Urgent Primary Care Assessment (UPCA) Service launched in Coventry and Rugby to assess frail elderly people in their own home.</li> </ul>	<ul style="list-style-type: none"> <li>More patients will receive treatment and care in a place other than A&amp;E and which is more convenient</li> <li>There is more support available to help patients to manage conditions themselves</li> <li>Patients avoid unnecessary admissions to hospital because more suitable care is available and more easily accessible</li> <li>Services can help prevent hospital admissions and facilitate early discharge, improve patient safety and improve choice by enabling patients to stay in their homes</li> </ul>	<ul style="list-style-type: none"> <li>Community IV to be developed as part of an extension to the UPCA service. The UPCA currently covers 5 conditions, but there is potential to expand this once the service is fully staffed, which is expected to be in October 2018</li> </ul>

Commitment	What we have achieved so far	How this benefits our patients	Next steps (19/20)
<p>Provide better, clearer and easier-to-access alternatives to A&amp;E to help patients receive the best care for their need when it isn't a life-threatening emergency</p>	<ul style="list-style-type: none"> <li>• Design stage for new holistic case management service to support patients frequently attending A&amp;E for avoidable reasons</li> <li>• Exploring options to enable direct booking from NHS 111 into GP Extended Hours</li> <li>• Ongoing development of regional NHS 111 Clinical Assessment Service to increase the numbers of calls safely signposted to alternative services other than 999 and A&amp;E</li> </ul>	<ul style="list-style-type: none"> <li>• A greater proportion of patients will receive treatment and care in a place that suits them with a greater emphasis on provision of support to help patients to manage conditions themselves</li> <li>• Providing Nursing Home staff access to clinical support via NHS 111</li> </ul>	<ul style="list-style-type: none"> <li>• Implement new holistic case management service to support patients frequently attending A&amp;E for avoidable reasons</li> <li>• Implement solution to enable direct booking from NHS 111 into GP Extended Hours</li> <li>• Ongoing development of regional NHS 111 Clinical Assessment Service to increase the numbers of calls safely signposted to alternative services other than 999 and A&amp;E</li> </ul>
<p>Improve stroke services across the area to reduce the number of strokes suffered, improve immediate care for those that do have a stroke and provide better support and rehabilitation after a stroke</p>	<ul style="list-style-type: none"> <li>• Undertaken pre-consultation engagement with public, patient groups, local authorities and other key stakeholders</li> <li>• Used engagement feedback to develop a clinically viable proposal that provides the services people need</li> </ul>	<ul style="list-style-type: none"> <li>• Improved access to specialist services in a "hyper acute" stroke unit</li> <li>• Localised rehabilitation services</li> <li>• Improved anticoagulation for AF patients</li> <li>• Reduction in mortality rates as a result of strokes</li> <li>• Help people continue to live independently, where it is safe to do so, following a stroke</li> </ul>	<ul style="list-style-type: none"> <li>• Work with NHS England to assure the new proposals</li> <li>• Develop an implementation plan</li> <li>• Consult with patients, the public and other stakeholders on an agreed plan</li> </ul>

## Planned care

Commitment	What we have achieved so far	How this benefits our patients	Next steps (19/20)
Reducing unnecessary hospital outpatient attendances	A number of workshops have taken place with a view to ensuring patients are seen in the most appropriate location, reducing the complexity in accessing the right service in the right place and reduce unnecessary hospital attendances. Workshops have taken place in MSK, Ophthalmology, Dermatology and Plastics)	<ul style="list-style-type: none"> <li>• Reduction in unnecessary patient visits to hospital</li> <li>• Reduced travel and car parking charges for patients</li> <li>• Improved patient satisfaction</li> </ul>	Further workshops arranged to take place before and during Autumn 2018 relating to, General Surgery, ENT (Ear, Nose and Throat) and Gastroenterology.
Ensure commissioning policies are reviewed and aligned across both CCGs	<ul style="list-style-type: none"> <li>• Work continues through the 2018/19 financial year to review existing commissioning policies on a Coventry &amp; Warwickshire footprint level</li> <li>• A programme of horizon scanning continues throughout the year to identify new guidance being introduced by other commissioners that may benefit Coventry and Warwickshire patients</li> </ul>	Ensures equity of access for patients and a consistent approach to policy development across the Coventry and Warwickshire footprint	Revise commissioning policies where they differ from those identified in the national consultation. Ensure policies are policed and managed more effectively with range of partner organisations.
To ensure social prescribing model is meeting the needs of our communities	The outcomes of these workshops inform the transformation programme specific for each speciality that are part of a continuous service improvement programme.	The social prescribing model will support people with a wide range of social, emotional or practical needs, and many schemes are focussed on improving mental health and physical well-being	In 2018/19, the CCG is expanding the current care navigation / social prescribing service to a new cohort of residents - those who are high intensity users of A&E. It is anticipated that providers will work more intensively with this cohort, linking them in to a range of services
Establishment of a telephone Advice & Guidance system	Agreement reached to replicate the Consultant Connect service that has been launched in Warwickshire North	<ul style="list-style-type: none"> <li>• Potential for significant reduction in unnecessary hospital visits</li> <li>• Consultant Connect system encourages GPs and Consultants to have conversation re: management plans with patient present and at the centre of the decision making process</li> </ul>	Discussions to be undertaken through remainder of year to establish system for Coventry and Rugby in partnership with UHCW.
Work with our Local Authority partners to progress the implementation of the Carers Strategies which were refreshed during 2016/17	<ul style="list-style-type: none"> <li>• The CCG continues to be part of the Warwickshire Carers Strategy Delivery Board, which oversees and leads on the development of strategies to deliver improved support carers.</li> <li>• Partners continue to work with the new Carer Wellbeing Service to ensure that they are reaching carers across the county. Specific communications were developed and circulated by the CCG for carers who are looking after someone who is end of life.</li> </ul>	<ul style="list-style-type: none"> <li>• Ensure those acting as carers for family members or friends are given the right support</li> <li>• Provide wellbeing checks to carers</li> </ul>	CCG will be increasing engagement with carers who look after somebody with dementia by holding regular meetings with a carer and patient reference panel 2019-20. This will allow local carers to feed into the dementia strategy and future commissioning intentions of the CCG.

Commitment	What we have achieved so far	How this benefits our patients	Next steps (19/20)
Continue to support Public Health in their efforts to achieve healthier lifestyles	*Rugby*Fitter Futures Warwickshire (FFW) has been commissioned to reduce obesity, improve healthy eating, improve mental well-being, increase physical activity levels	<ul style="list-style-type: none"> <li>• A greater proportion of patients are being supported to achieve a healthier lifestyle</li> </ul>	<ul style="list-style-type: none"> <li>• support stronger integration and signposting between CCG commissioned services and WCC/CCC Public Health services through our commissioning and contracting approaches</li> <li>• ensure a strong focus on reducing inequalities and evidencing our impact across our commissioning activity by promoting workplace wellbeing for our staff and those of our provider organisations</li> <li>• celebrating good practice around prevention and wellbeing</li> <li>• strengthening our approach to Making Every Contact Count across our commissioned activity</li> <li>• championing system-wide initiatives including #onething and The Daily Mile</li> </ul>
Provide quicker access to cancer diagnostics and specialist care and that are compliant with national quality standards	Cancer Waiting times will continue to be monitored through the commissioner/provider contractual arrangements. It has been recognised that a wider system-wide diagnostic review will be required, however this will require additional resource.	<ul style="list-style-type: none"> <li>• A greater proportion of patients will now benefit from speedy access to a range of diagnostic investigations, reducing waiting times and improving patient outcomes</li> </ul>	<ul style="list-style-type: none"> <li>• Act as a system leader supporting the Year of Wellbeing 2019</li> <li>• In line with national Cancer planning guidance, work closely with South Warwickshire CCG (as lead) to ensure a local diagnostic demand and capacity review is undertaken</li> <li>• Continue to work in collaboration with West Midlands Cancer Alliance ensuring future demand on services is made available as part of a wider work stream</li> </ul>
Deliver a year on year improvement in the one year survival rate, maximise involvement in survivorship programmes	<ul style="list-style-type: none"> <li>•Delivered a successful Coventry &amp; Warwickshire Lung cancer education event in March 2018, attended by over 300 GPs</li> <li>•Cancer information packs have been distributed to practices across Coventry and Warwickshire</li> <li>•Established a Coventry &amp; Warwickshire wide lung cancer pathway group</li> <li>•Established a Coventry &amp; Warwickshire cervical screening group</li> </ul>	<ul style="list-style-type: none"> <li>• Improved cancer outcomes for the local population in the long term</li> <li>•Raised awareness of the importance of all cancer screening</li> <li>•Increased the uptake of cancer screening</li> <li>•Reduced inequalities in cancer screening, promoting early diagnosis</li> </ul>	<ul style="list-style-type: none"> <li>•Planning underway of next Coventry and Warwickshire cancer education event</li> <li>•Continue to promote bowel, breast and cervical screening</li> <li>•Promote bowel screening through a range of primary care initiatives</li> <li>•Development of a Primary Care cancer strategy</li> <li>Develop a training programme for non-clinical cancer champions</li> </ul>

Commitment	What we have achieved so far	How this benefits our patients	Next steps (19/20)
<p>Engage with our local communities to explore how to improve cancer screening uptake</p>	<p>There is a local push to improve uptake across the national screening programmes. In 2016 owing to poor local uptake CCGs identified Bowel Screening as its priority area. There are a number of related initiatives that are being taken forward:</p> <p><b>Promoting Bowel, Breast and Cervical Screening.</b> In total 160 potential 'non-clinical champions' have been trained (including non-clinical GP practice cancer champions). This training has focused on reaching 'Seldom Heard' groups</p> <p><b>Promoting bowel screening through GP Endorsement;</b> Recent figures indicate that 93 practices (72%) across Coventry and Warwickshire have committed to 'GP Endorsement' of bowel screening through use of the 'practice banner' on invites. GPs and CCG officers continue to promote this opportunity to GPs and Practice managers.</p> <p><b>Promoting Bowel Screening among those who initially 'DNA' (do not return FOB specimen) Resource</b> has been secured from PHE/NHSE for a two-year programme working through the Coventry and Rugby GP Alliance to support practices across Coventry and Warwickshire in offering evidence based interventions</p> <p>Based on local statistics (late diagnosis, poor survival rates) Lung Cancer has been identified as a priority for 2018/19. It has been recognised that capacity and additional resource is fundamental to the success of this initiative.</p> <p>Local provider colleagues have attended the Coventry and Warwickshire Primary Care Cancer Education Network specifically to discuss the use of the 2ww NICE Cancer Guidelines; although referral forms were updated and launched in 2016 a further review is required.</p> <p>It has been agreed that a local Task and Finish Group will be established focusing on three speciality areas. Actions arising from this discussion will be taken forward by members of the Coventry and Warwickshire Primary Care Cancer Education Network.</p>	<ul style="list-style-type: none"> <li>• A greater proportion of patients will receive screening opportunities, resulting in earlier detection of cancer and increasing survival rates</li> </ul>	<ul style="list-style-type: none"> <li>• ensure a strong focus on reducing inequalities and evidencing our impact across our commissioning activity</li> <li>• In line with locally developed plans, continue to work towards improved screening rates across the three main screening programmes</li> </ul>

Commitment	What we have achieved so far	How this benefits our patients	Next steps (19/20)
<p>Ensure all elements of the recovery package are commissioned (holistic needs assessment, care plan, pain management, review by GP)</p>	<ul style="list-style-type: none"> <li>• Funding sourced via Macmillan for a Coventry and Warwickshire Senior Manager to lead Living with and Beyond Cancer (LWBC) programme and a Practice Nurse facilitator to support PC cancer care reviews</li> <li>• Develop baseline for LWBC provision across Coventry and Warwickshire providers</li> <li>• Developed task and finish group to monitor progress and provide programme direction</li> <li>• Breast cancer pathway workshop June 18</li> <li>• Continued work with West Midlands Cancer Alliance (WMCA) and local providers to implement the breast stratified pathway</li> <li>• Further work with WMCA and trust organisations to plan implementation of colorectal and prostate cancer stratified pathways</li> </ul>	<ul style="list-style-type: none"> <li>• People living with and beyond cancer have improved quality of life, and improved health and wellbeing</li> <li>• People are more confident in their ability to self-manage their health, and make appropriate use of health care resources, leading to a reduction in GP and A&amp;E attendances</li> <li>• People live longer due to healthier lifestyle and better management of the consequences of treatment, e.g. CVD</li> <li>• Implementing the Recovery Package supports the wider implementation of stratified pathways of care, leading to fewer patients in face to face follow up, allowing reallocation of resources to focus on patients with complex needs</li> </ul>	<ul style="list-style-type: none"> <li>• Production of a Coventry and Warwickshire Living Well Beyond Cancer implementation plan</li> <li>• Use the baseline information to support prioritisation of work plans</li> <li>• Continue the rollout of practice nurse training for Cancer Care Reviews</li> <li>• Continue to support Trusts to deliver the Recovery Package</li> </ul>

## Mental health and learning disabilities

Commitment	What we have achieved so far	How this benefits our patients	Next steps (19/20)
Improving access to Child and Adolescent Mental Health Service (CAMHS)	<ul style="list-style-type: none"> <li>Follow up waiting times reducing throughout 2018</li> <li>Community Hub offering drop-ins and group work to open in Rugby in the Autumn 2018</li> </ul>	<ul style="list-style-type: none"> <li>Earlier access and interventions</li> <li>Reduced unnecessary demand for specialist care by ensuring more appropriate care is available and easy to access</li> </ul>	<ul style="list-style-type: none"> <li>Further integrate pathways with family/ community hubs</li> <li>Monitor and evaluate impact of transformation schemes on outcomes for young people</li> <li>Review referral to treatment pathway to ensure reduced waits are sustained</li> <li>Promoting the Dimensions Tool as a means of parents and families describing need to referrers and the Rise service directly, as well as identifying means of self-directed help and support</li> <li>Applying to NHSE for Green paper funding to develop school based mental health teams if and when the local LTP area is invited to apply</li> </ul>
Development of an enhanced service to improve the response for children in crisis.	<ul style="list-style-type: none"> <li>CAMHS Tier 3.5 Business Case developed for sign-off</li> <li>Business case developed for Expansion of the Acute Liaison Team AT UHCW to improve access and assessment from five days to seven days</li> </ul>	<ul style="list-style-type: none"> <li>Access to the service seven days a week</li> <li>Improved crisis aversion</li> <li>Reduced length of stay in a hospital bed</li> </ul>	<ul style="list-style-type: none"> <li>Monitor impact of seven day service</li> <li>Approve and implement enhanced crisis service</li> </ul>
Pilot additional support for CAMHS/LD and Autistic Spectrum Disorder children and young people in crisis	Business case developed and Accelerator Bid to NHSE for additional investment	Community support preventing hospital admissions	Monitor impact of service
Pilot outreach support for children, young people and families waiting for an Autistic Spectrum Disorder diagnosis and those who have recently been diagnose with Autistic Spectrum Disorder (ASD)	Business case developed and Accelerator Bid to NHSE for additional investment	Community support and early intervention and prevention	Monitor impact of service

Commitment	What we have achieved so far	How this benefits our patients	Next steps (19/20)
Embed the Suicide Prevention Strategy and reduce suicide rates by 10% against the 2016/17 levels	£251k has been secured for STP to test safe havens for suicide prevention, with base in Warwickshire to reflect high prevalence areas	<ul style="list-style-type: none"> <li>• Raise awareness of support available to those contemplating suicide</li> <li>• Reduce levels of suicide</li> </ul>	<ul style="list-style-type: none"> <li>• Ongoing monitoring of the service (following commencement of the Safe Haven pilot in February 2019) to understand the effect on suicide prevention.</li> <li>• Ensuring there are safe drop in places available for men in their community</li> <li>• Expanding the existing suicide prevention campaign 'It Takes Balls to Talk', to reach additional community assets such as barbers and workplaces</li> <li>• Develop a social prescribing offer for men who are socially isolated or experiencing difficult life events</li> <li>• Deliver evidence based mental health awareness and suicide prevention training to non-mental health professionals including social care, primary care, A&amp;E, Job Centre and Citizens Advice Bureau staff</li> <li>• Develop a network of champions and train the trainers within healthcare settings and in specialist mental health services to promote awareness, develop a compassionate culture within services and to drive an ambition towards zero suicide</li> </ul>
Commission additional psychological therapies, integrated with physical health	<ul style="list-style-type: none"> <li>• 12 employment advisors to help people find and stay in work under three year contract with Mental Health Matters (MHM)</li> <li>• Integrated pathways for Improving Access to Psychological Therapies (IAPT) and long-term conditions (LTCs) focusing on diabetes, asthma and chronic obstructive pulmonary disease (COPD) have been mobilised</li> <li>• CWPT met the 16.8% of people with common mental health conditions accessing psychological therapies across the STP for 2017/18</li> </ul>	<ul style="list-style-type: none"> <li>• 15% (increasing to 16.8% by Q4 2017/18) of people with common mental health conditions access psychological therapies</li> <li>• 50% of people who access treatments achieve recovery</li> </ul>	<ul style="list-style-type: none"> <li>• Maintain and develop high quality services</li> <li>• Ensure a highly-skilled, confident workforce with the right capacity and skill mix accessing top-up training in new competencies for long-term conditions</li> </ul>
Increase access to annual health checks, progressing towards 60% uptake by 2020	<ul style="list-style-type: none"> <li>• Steering groups have been established to explore scoping a baseline and exploring how this could be rolled out in primary care</li> <li>• CWPT have strengthened the physical health check lifestyle tool, with enhanced benefit to the Early Intervention in Psychosis (EIP) cohort</li> </ul>	Patients to have improved awareness of and access to annual health checks and reviews	Develop a whole system pathway for promoting uptake and delivery of physical health checks in people with severe mental illness and, importantly, improving the provision and access to healthy lifestyle support for this cohort.

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Ensure we have services in place to deliver national early intervention in psychosis standards and increase access to individual placement support	The CCG has committed to increase funding to Early Intervention in Psychosis (EIP) service to improve capacity and capability to ensure more consistent achievement of access and waiting targets	53% of people with first episode of psychosis starting treatment with a NICE-recommended package of care within 2 weeks of referral	Expansion of the Early Intervention in Psychosis (EIP) Team by an additional 5.00wte Care Coordinators to strengthen and improve consistency in meeting the access and waiting time standards, reduce the caseload per Care Coordinator and lengthen the treatment pathway for patients
Increase access to specialist perinatal mental health services	A successful bid to enhance and build capacity within this service	It is anticipated the expansion across all 3 CCGs will support an additional 222 women per year (an increase of 30% on current numbers).	To expand the capacity and capability of the Perinatal Mental Health Team to provide an evidence-based multidisciplinary service for women with moderate–severe/complex perinatal mental ill health.
Eating Disorders	Completion of an audit into the prevalence and severity of Eating Disorders of Adults in Coventry	To ensure that medical monitoring is available to adults in Coventry with a severe Eating Disorder. Secondly to undertake a review to increase equity in provision across Warwickshire and Coventry.	<ul style="list-style-type: none"> <li>• Commission a Primary Care Provider to deliver a Medical Monitoring Service for Adults in Coventry with an Eating Disorder</li> <li>• Commence a whole system review into ED services</li> </ul>
Implementation of an all age Migrant MH Pathway	Undertaken a Migrant MH needs assessment. Based on the recommendations, a business case has been approved to implement an all age Migrant MH Pathway	Provision of specialist psychological, therapeutic and counselling services	Scoping of Migrant MH pathway and commence delivery of a specialised service for Adults and CYP
Review mental health crisis response and self-harm (i.e. provision of services that support crisis care as per the Mental Health Crisis Concordat)	<ul style="list-style-type: none"> <li>• Exploring self-harm pathway</li> </ul>	<ul style="list-style-type: none"> <li>• Improved and increased access to a more responsive crisis service</li> </ul>	<p>Proposals include:</p> <ul style="list-style-type: none"> <li>a) Developing a self-harm register to improve the mechanisms of support for young people</li> <li>b) Ensuring the JSNA place based process focusses on areas of high self-harm referrals</li> <li>c) Ensure all proposals compliment and align with TCP work to support young people with ASD</li> <li>d) Review impact of Self-harm training delivered by Primary Mental Health Workers</li> <li>e) Link with the emerging Public Health led self-harm strategy</li> <li>f) Exploring Bristol's SHOP (Self Harm OutPatient) clinic and 'distrACT' app and whether these would be suitable</li> </ul>

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All Out of Area Placements to be eliminated by 2021	<ul style="list-style-type: none"> <li>• CQUIN development – Out of Area Placement Co-ordinator to be recruited by July 2018</li> <li>• Analysis in progress: benchmarking and assessing current position in OAPs and LoS</li> <li>• <i>The CCG and CWPT are actively aiming to meet the aspiration that by 2021, no patients are placed 'Out of Area'; ensuring care is coordinated as close to a patients home as possible</i></li> </ul>	Ensure that treatment and care coordination is delivered to patients locally, increasing clinical outcomes and recovery.	<ul style="list-style-type: none"> <li>• Undertake detailed analysis of the acute activity, identifying where patient flow issues, in relation to threshold for admission and executing efficient discharge processes</li> <li>• Work with provider to ensure there is clarity regarding expectation in relation to Out of Area Placements</li> <li>• Revising the approvals pathway for acute Out of Area Placements</li> <li>• Undertaking parallel work to support repatriation</li> </ul>
Improved referral and access criteria for services – focusing on respite, rehabilitation and specialisations	coping QIPP (Quality, Innovation, Productivity and Prevention) opportunities to improve quality of care for patients and patient experience	Improved patient experience, clinical outcomes and access to services	<ul style="list-style-type: none"> <li>• Continue to assess clinical outcomes across trusts and how the 'gold standard' for Rehab and Recovery can be replicated</li> <li>• Ensure understanding amongst employers and supporting people back into employment/voluntary roles</li> <li>• Review what creative therapy/physical activities are available and effective</li> <li>• Review what access is available for ongoing support</li> <li>• Look at possibility of pooling budgets/ideas to create a more effective, whole system approach</li> </ul>
Continue to implement our local mental health Commissioning for Quality and Innovation (CQUINs) to improve case management and acute mental health admission avoidance	Success with year 1 Mental Health in A&E CQUIN (Commissioning for Quality and Innovation) and looking to expand provision in year 2	<ul style="list-style-type: none"> <li>• Reduction in avoidable mental health admissions</li> <li>• Improvement in the use of care coordinators</li> <li>• Improved discharge planning for patients</li> </ul>	<ul style="list-style-type: none"> <li>• Maintain the reduction of A&amp;E attendances of 20% for the Year 1 cohort of patients</li> <li>• Identify a new cohort for year 2 (at least 25-30 people), who could benefit from psychosocial interventions and reduce attendances to A&amp;E of this cohort by 20% - it is expected that this cohort will include groups who experience particular inequalities in access to mental health care</li> <li>• Continue on the work to provide better, targeted, more appropriate support to frequent attendees at A&amp;E</li> <li>• By Q4 the Trust to have a plan in place to mainstream this work</li> </ul>

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Implement an all age neurology developmental pathway for adults with suspected Autistic Spectrum Disorder (ASD) and/or Attention Deficit Hyperactivity Disorder (ADHD)	<ul style="list-style-type: none"> <li>• Service has been implemented - which covers assessment, diagnosis and post-diagnostic support, in line with NICE guidance for Coventry and Warwickshire residents.</li> <li>• Q award nomination for the service</li> </ul>	<ul style="list-style-type: none"> <li>• Patients with suspected Autistic Spectrum Disorder (ASD) and/or Attention Deficit Hyperactivity Disorder (ADHD) are diagnosed locally and given the right support for their individual needs</li> </ul>	The service will continue to provide a therapy led multi-disciplinary diagnostic assessment (including Developmental Dyspraxia screening), focused post-diagnostic support and signposting beyond the service. The interventions will be primarily psycho-education (ASD, emotional regulation, communication and sensory processing) and via group and individual therapy where necessary.
Continue transforming care for people with learning disabilities and/or autism	<p>Created the infrastructure to effectively deliver Care, Education and Treatment Reviews locally.</p> <p>Commissioned new community services for people at risk of admission including a pilot intensive support service for children and young people with learning disabilities and/or autism; intensive support for adults with autism and forensic community support for adults.</p> <p>Agreed the future commissioning of assessment and treatment services locally in partnership with Birmingham and Solihull and CWPT.</p> <p>Developed a system-wide recovery plan for the Transforming Care Partnership with a focus on admission avoidance and discharge.</p>	<p>Delivery of person centred care in the community to reduce avoidable admissions.</p> <p>Increased discharges of people with a learning disability and/or autism from mental health hospitals.</p>	<p>Continue to deliver the Arden Transforming Care programme with a focus on admission avoidance, accelerating discharge, ensuring commissioned services are meeting need and embedding the programme post April 2019.</p> <p>Work with regional commissioners to jointly commission services and redesign care pathways, including complex care and forensic rehabilitation services and services for people with autism.</p>

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Further development of joint commissioning arrangements for people with disabilities across the STP.	<p>Created an integrated commissioning function for people with learning disabilities and autism across health and social care for Coventry and Warwickshire (hosted by Warwickshire County Council). Initial priority areas have been agreed.</p> <p>Coventry and Warwickshire are leading the new West Midlands commissioning collaborative for people with disabilities.</p> <p>Jointly reviewed the CWPT block contract for people with learning disabilities and agreed recommendations, including the development of 6 outcome based service specifications aligned to a revised pricing and activity matrix.</p>	<p>Improve the integrated commissioning pathway; including for young people in transition.</p> <p>Improve the quality of provision for our disabled population by integrating health and social care support around individuals.</p>	<p>To further develop integrated commissioning intentions across the STP footprint and West Midlands as appropriate; coordinated through the integrated commissioning function.</p> <p>To implement the recommendations of the collaborative review of Coventry and Warwickshire Partnership Trust (CWPT) learning disability services.</p> <p>To develop an integrated plan for the re-commissioning of short break services and day services.</p>
Continue to focus on improving health outcomes for people with Learning Disabilities, including increasing the uptake of annual health checks and the implementation of the STOMP (Stop over medication of people with a learning disability, autism or both with psychotropic medicines) agenda and LeDeR.	<p>Agreed a sub-regional health improvement action plan. Commissioning resource has been identified to drive delivery with a focus on understanding performance; engagement, targeting poor performing GP Practices and working with the care and support market.</p> <p>In partnership with CWPT and HEE jointly funded a GP fellow specialising in learning disabilities to support and promote LD strategic programmes in primary care, including promoting improvements in access to healthcare for people with a learning disability.</p> <p>The CCG is working collaboratively across Coventry and Warwickshire CCGs and social care partners to support the review of deaths of patients with learning disabilities</p>	<p>Improved health outcomes for disabled people.</p> <p>Reduced premature mortality of people with learning disabilities and/or autism.</p>	Continue to focus on improving health outcomes for people with Learning Disabilities, including the implementation of the STOMP (Stop over medication of people with a learning disability, autism or both with psychotropic medicines) agenda
Improve the support offer for people with autism	Engaged with people with autism to support the development of a bid for funds to NHSE to pilot a community support service for children and young people with autism	Improved support offer for people with ASD	Work with commissioning partners across Coventry and Warwickshire to revise a commissioning statement of intent for people with autism.

